



2025 Impact on Community Health & Wellness

Everyone has a story—and in 2025, those stories reflect helping people with improved access to care, stability, and support when they needed it most. Because of philanthropic support, Inspira Health is meeting people where they are... connecting thousands of South Jersey residents to care, prevention, and life-changing resources.

Food Farmacy+

- **2,173 households served** in 2025 (147% increase from 2024)
- **6,133 individuals served** (157% increase from 2024)
- **1,044 DoorDash food deliveries** (274% increase from 2024)
- Program more than **doubled in reach** year over year
- **Impact:** By ensuring consistent access to nutritious food, Inspira Health is strengthening health, dignity, and stability for families while addressing one of the most critical drivers of overall well-being.



"I wanted to get healthier as I started on this next part of my life... I just wanted to feel better. And I do! I have so much more energy for myself, my children and my grandchildren."

- **Linda**, Food Farmacy+ patient

Community Health Workers & Outreach

- **510 patients connected to resources** (57% increase from 2024) such as food, utilities, employment, housing, and transportation
- **130 community outreach and screening events** held or attended
- **1,472 health screenings** completed (blood pressure, glucose, etc.)
- **37,163 individuals** reached with health education and prevention messaging
- **Impact:** When care extends beyond clinic walls, people are more likely to get the support they need. Community Health Workers and outreach teams help individuals navigate real-life challenges so they can focus on their health, not obstacles to care.



Support Inspira Health Foundation



Cancer & Chronic Disease Prevention

- **2,517 no-cost Uber Health rides** provided to cancer patients who identified transportation as a barrier to care when seeking cancer treatment
- **1,616 free cancer screenings** provided in partnership with NJCEED
- **183 new patients** assisted through the Inspira Quit Center
- **Impact:** Access to screenings, treatment support, and cessation services allows cancer and chronic disease to be identified earlier—when care is more effective and outcomes are strongest.



"I had to thank you guys for the program and I recommend this program to everyone if you wanna quit smoking, I really do... It's been five months now without smoking for me, and I'm done."

- **Terry**, Inspira Quit Center participant

Medication Access & Substance Misuse Prevention

- **8,942 drug-deactivation pouches distributed** for safe medication disposal
- **527 Narcan kits distributed** across South Jersey
- **Impact:** When people have the tools to safely manage medications and access lifesaving interventions, families and communities are safer. Inspira Health's efforts help prevent crises before they happen and ensure care continues when it's needed most.



Thank you for supporting this work and helping strengthen the health and well-being of our community.