



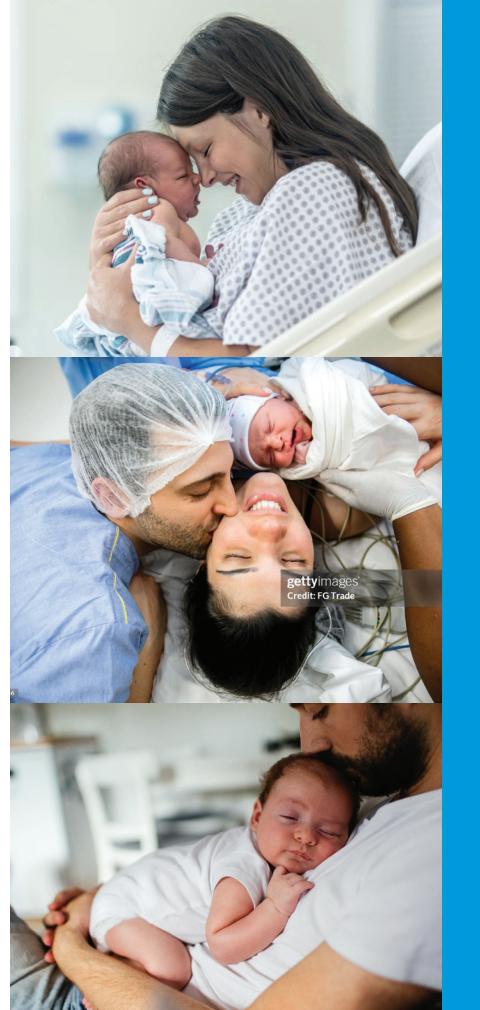
## 2025 Impact on Maternal Child Health

Every birth tells a story of care, connection, and possibility. Thanks to philanthropic support, Inspira Health is helping families across South Jersey **experience healthier pregnancies, safer deliveries, and stronger starts**... surrounding parents and babies with support at every step.

In 2025, Inspira **delivered nearly 3,000 births network-wide**, with 1,568 deliveries in Vineland and 1,387 deliveries in Mullica Hill, underscoring Inspira's role as a **regional leader in maternal care**.

### Safer Births & Stronger Starts

- Invested in **safer, more supportive birth environments**, with modernized Labor & Delivery spaces and private Mother-Baby rooms.
- Strengthened **maternal safety** through a multidisciplinary postpartum hemorrhage reduction initiative.
- Launched **TeamBirth**, a collaborative, patient-led labor and delivery model that improves communication, shared decision-making, and the overall birth experience for mothers and families.
- Expanded **breastfeeding support**, including outpatient lactation services and a donor human milk program—driving increased exclusive breastfeeding rates.
- Achieved **Baby-Friendly designation** at Mullica Hill, with Vineland nearing completion, reflecting nationally recognized best practices in maternity care.
- Expanded **pelvic floor therapy services** and system-wide **bereavement training**, supporting recovery and compassionate care.
- 86% success rate** using the Eat, Sleep, Console model for newborns with withdrawal—reducing medication use and supporting gentler care.
- Impact:** By providing safe, compassionate, and patient-centered maternity care, Inspira Health is protecting mothers and babies while giving families the confidence, dignity, and support they need during life's most critical beginnings.



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## Advanced Neonatal Care

- **Expanded capabilities** at the Deborah F. Sager NICU in Vineland, including therapeutic hypothermia, advanced brain monitoring, and neonatal MRIs, thanks to generous support from donors to the Deborah F. Sager Memorial Fund.
- Earlier **prematurity screening**, reducing transfers out of the system and keeping families together.
- **Impact:** Access to advanced neonatal monitoring and early intervention allows critical conditions to be identified and treated sooner—improving outcomes for newborns while keeping families together when it matters most.



## Better Pediatric Outcomes & Experience

- Standardized pediatric **emergency equipment** network-wide to improve safety.
- Added therapeutic **gaming systems** to pediatric units to improve comfort and patient experience.
- **Impact:** By strengthening pediatric safety and comfort, Inspira Health is ensuring children receive high-quality, reliable care while easing fear and stress for families during emergency visits and hospital stays.

## Improved Access for Underserved Families

- Secured grant funding to launch Ride-Free transportation, providing **hundreds of rides** to prenatal and specialty appointments for patients facing transportation barriers.
- Significant growth in maternal-fetal medicine and antenatal testing, with **thousands of ultrasounds** and **non-stress tests performed**, supporting early detection and high-risk pregnancies.
- **Impact:** Access to transportation and timely maternal-fetal care removes barriers that too often delay treatment—allowing high-risk pregnancies to be monitored earlier, complications to be addressed sooner, and families to receive the care they need for healthier outcomes.

