



2025 Impact on Maternal Child Health

Every birth tells a story of care, connection, and possibility. Thanks to philanthropic support, Inspira Health is helping families across South Jersey **experience healthier pregnancies, safer deliveries, and stronger starts**... surrounding parents and babies with support at every step.

In 2025, Inspira **delivered nearly 3,000 births network-wide**, with 1,568 deliveries in Vineland and 1,387 deliveries in Mullica Hill, underscoring Inspira's role as a **regional leader in maternal care**.

Safer Births & Stronger Starts

- Invested in **safer, more supportive birth environments**, with modernized Labor & Delivery spaces and private Mother-Baby rooms.
- Strengthened **maternal safety** through a multidisciplinary postpartum hemorrhage reduction initiative.
- Launched **TeamBirth**, a collaborative, patient-led labor and delivery model that improves communication, shared decision-making, and the overall birth experience for mothers and families.
- Expanded **breastfeeding support**, including outpatient lactation services and a donor human milk program—driving increased exclusive breastfeeding rates.
- Achieved **Baby-Friendly designation** at Mullica Hill, with Vineland nearing completion, reflecting nationally recognized best practices in maternity care.
- Expanded **pelvic floor therapy services** and system-wide **bereavement training**, supporting recovery and compassionate care.
- **86% success rate** using the Eat, Sleep, Console model for newborns with withdrawal—reducing medication use and supporting gentler care.
- **Impact:** By providing safe, compassionate, and patient-centered maternity care, Inspira Health is protecting mothers and babies while giving families the confidence, dignity, and support they need during life's most critical beginnings.



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Advanced Neonatal Care

- **Expanded capabilities** at the Deborah F. Sager NICU in Vineland, including therapeutic hypothermia, advanced brain monitoring, and neonatal MRIs, thanks to generous support from donors to the Deborah F. Sager Memorial Fund.
- Earlier **prematurity screening**, reducing transfers out of the system and keeping families together.
- **Impact:** Access to advanced neonatal monitoring and early intervention allows critical conditions to be identified and treated sooner—improving outcomes for newborns while keeping families together when it matters most.



Better Pediatric Outcomes & Experience

- Standardized pediatric **emergency equipment** network-wide to improve safety.
- Added therapeutic **gaming systems** to pediatric units to improve comfort and patient experience.
- **Impact:** By strengthening pediatric safety and comfort, Inspira Health is ensuring children receive high-quality, reliable care while easing fear and stress for families during emergency visits and hospital stays.

Improved Access for Underserved Families

- Secured grant funding to launch Ride-Free transportation, providing **hundreds of rides** to prenatal and specialty appointments for patients facing transportation barriers.
- Significant growth in maternal-fetal medicine and antenatal testing, with **thousands of ultrasounds** and **non-stress tests performed**, supporting early detection and high-risk pregnancies.
- **Impact:** Access to transportation and timely maternal-fetal care removes barriers that too often delay treatment—allowing high-risk pregnancies to be monitored earlier, complications to be addressed sooner, and families to receive the care they need for healthier outcomes.

