

INSPIRA HEALTH NETWORK

JOINT REPLACEMENT FACT SHEET

As the baby boomer population gets older, joint surgery is getting more and more common: Total hip and knee replacements are expected to exceed four million by 2030. But joint replacement isn't one-size-fits-all. That's why at Inspira we help you find the plan that works for you.

Our award-winning, patient-centered orthopedic program offers a full range of non-surgical and surgical options for joint pain, sports injuries, spine treatment and more. With convenient and state-of-the-art surgical facilities across South Jersey, advanced 3-D imaging technology and a team of specialized physicians, nurses and health care professionals, Inspira Orthopedics is here to help you on your personalized road to recovery.

Why choose Inspira?

Inspira offers minimally invasive surgery performed by trusted surgeons for hip replacement and total or partial knee replacement. With an interdisciplinary approach for rapid recovery, we're focused on helping you maintain or regain functional independence through:

- Customized treatment plans for each patient
- A multimodal pain protocol with minimal use of narcotics
- Out-of-bed therapy starting the same day of surgery

Keeping you informed

We're also committed to ensuring our patients are fully prepared ahead of surgery. Our Total Joint Replacement Seminar takes you through your orthopedic journey before you begin your treatment. Created and spearheaded by a member of our award-winning nursing team, the program helps educate you on your upcoming surgery, introduces you to your team and gives you peace of mind along every step of your treatment plan.

Innovative robotic technology

Depending on your specific surgical needs, we offer the option of robotic-arm assisted joint replacement surgery with the help of our Mako System. This technology helps individualize treatment by using advanced 3-D imaging to create custom surgical plans with an unmatched level of precision. Available for hip replacement as well as full and partial knee replacements, this option provides a personalized surgical experience.

How it works:

- A 3-D model of the patient's hip or knee is taken before surgery and used to develop a preplan
- The model is used to guide the surgeon's placement of an implant with pinpoint accuracy, giving live feedback intraoperatively to the surgeon.

A trusted team

In addition to our top-of-the-line surgical team providing joint replacement services throughout our network, we offer Mako-trained orthopedic surgeons at Inspira Medical Center Woodbury — the only hospital in Cumberland, Gloucester and Salem counties to feature this advanced technology.

To learn more about your joint replacement options or to schedule a consultation, give us a call at 1-800-282-5959.