Inspira Health Center Bridgeton Walking Paths

Walk Inside Through the Building – Approx. 0.25 mi (500 steps)
1. Start in lobby. Head West & pass the Fitness Connection.
2. Turn right, then quick left and head down 1st hallway. Turn right at next hallway. Pass IS conference rooms.
3. At the end of the hallway turn left and go through the exit door.
4. Turn right and right again.
5. Turn left to stairwell and go up to first floor.
6. Turn left to go past cafeteria. Turn right at the elevators and go up stairwell to 2nd floor.
7. Turn right. Turn right again at elevators and go through double doors.
8. Walk straight to stairwell and go back down to 1st floor.
9. Turn left past cafeteria. Turn right at elevators and go up stairwell to 5th floor.
10. Turn right. At end of hallway turn left. At end of hallway turn left again.
11. Enter stairwell and head back down to 2nd floor.
12. Turn right. At elevators turn right and go through double doors.
13. Walk straight to stairwell and go down to Ground floor.
14. Turn left and head back to lobby.

Walk Outside Around the Building - Approx. 0.25 mi
1. Start in the Hospital Lobby
2. Turn right out of the double doors heading toward Manheim Avenue
3. Make a Right onto Manheim Avenue heading south
4. Turn Right onto Irving Avenue heading west
5. Turn right onto Magnolia Avenue heading north
6. Walk to the end of the sidewalk, turn around and follow path back to the hospital lobby
7. Total Distance: ½ Mile
8. To continue stay on Grass and turn right onto Orchard
9. Turn right onto Manheim and back to the hospital lobby

Walking Outside Around the Parking Lot – Approx. 0.25 mi
1. Start in the Hospital Lobby
2. Turn right out of the double doors heading toward Manheim Avenue
3. Make a Right onto Manheim Avenue heading south
4. Cross Irving and Manheim
5. Enter parking lot and make a left
6. Follow fence line around
7. Cross driveway
8. Continue south along fence line
9. Follow fence line all the way around
10. Come out on Irving Avenue
11. Make right heading east back to Manheim
12. Turn left to cross street
13. Follow sidewalk back to lobby