**Inspira Medical Center Woodbury Walking Path**

**Internal Walking Path – Approx. 0.7 mi (1,400 steps)**

1. START at cafeteria (#1)
2. Walk towards lobby (Pass #2) and turn LEFT(#3) (Towards respiratory)
3. Make first RIGHT (#4) (Time clock on right)
4. Continue walking STRAIGHT to the END of the hallway (Pass #5,#6) and turn LEFT(#7)
5. Continue walking STRAIGHT to the END of the hallway
6. When you reach the END of the hallway, TURN AROUND (#8) and walk back (Pass #9,#10)
7. Make RIGHT (#11) at first hallway (Pass #12)
8. Make first LEFT(#13) (Pass security on left)
9. Continue walking STRAIGHT (Pass #14,#15) to the END of hallway
10. ENTER stairwell on RIGHT(#16)
11. CLIMB to the TOP of the stairs (Pass #17,#18,#19,#20)
12. CLIMB back DOWN the stairs (#21)
13. EXIT stairwell(#22) and turn LEFT(#23)
14. Continue going STRAIGHT (Pass #24) (Pass cashier on left, lobby on right)
15. At chapel (on right) turn LEFT (#25), heading back to the cafeteria (Pass #26)
16. END at cafeteria (#27)